



IMPACT CAMBODIA

# ANNUAL REPORT

MARCH 2015—MARCH 2016

**Prevent and treat needless disability**



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# Executive Summary

Impact Cambodia (IC) works to prevent needless disability. Mainly IC provides services for the prevention of disabilities and the assurance of safe motherhood and child survival, early identification of ear, nose and throat related issues, and accessible surgery when necessary. Our programme includes early identification and treatment of Ear, Nose, and Throat (ENT), 1000-Day Programme, and Water and Sanitation. Besides, IC not only provides physical buildings but also capacity building to our governmental partners.

IC believes health support should be responsive and flexible in addition to serving the needs of its target beneficiaries. IC works diligently to ensure an integrated assistance is available to its beneficiaries. In addition to implementing its regular programmes, IC also responds to urgent and/or immediate needs of people where the public

services still have a lot of room for improvement. IC works collaboratively with its governmental implementing partners including community health centres and referral hospitals.

This report covers a period from March 2015 to March 2016. The Water and Sanitation Programme has provided 12 tube wells and 200 water filters to families, schools and communities. IC also provides 17 sets of maternity equipment to 17 health centres in Kandal, Kampong Chhnang, and Banteay Meanchey provinces, benefiting approximately 50 pregnant women per month in each health centre.

IC programmes has benefited at least 5,000 people during in the reporting period.

## Statistics by activities

Province	ENT screening	ENT building	Audiogram unit	Surgical camp	1000-day programme	Water and sanitation	Maternity support
Kandal	1,594	272	159	-	48	60 water filters	12
Kampong Chnang	-	-	-	994	27	130 water filters + 12 tube wells	2
Banteay Meanchy	-	-	-	2,160	60	10 water filters	3
<b>Total</b>	<b>1,594</b>	<b>272</b>	<b>159</b>	<b>3,154</b>	<b>135</b>	<b>200 &amp; 12</b>	<b>17</b>
	people screened and treated	total patients served as of end of March 2016, 262 patients had treatments, and 10 had surgery.	people used the service	people screened and treated	mothers registered with the programme	200 water filters and 12 tube wells provided to schools and communities	sets of equipment for 17 health centres, each serving approx. 50 pre-natal women and 15 births per month





# ENT PROGRAMME

## ENT Screening

The ENT screenings were conducted to identify early sign of preventable diseases. IC reached out to three health centres in Kandal provinces. During screenings, people were adviced on ear care, treated on the spots, and referred to hostpitals if needed.

30 per cent of people in our target area have ear problem and 10 per cent are struggling with hearing loss problem. In flooded villages, the rate is higher, 60% of all patients that has been screened have ear disease and 20% of them need surgery. In 2015-2016, a total of 1594 people were screened (883 women, 204 children, and 507 men) in our target areas in Kandal province.

## Audiogram Unit

IC's Audiogram unit which locates in its office in the compound of Chey Chum Neas Hospital serves as a hearing test tool for free of charge. It has served 159 patients during the reporting year. The unit





3,154

patients served through  
mobile surgical camp

provides not only the hearing test service but also ear care service. Patients get to know our service through referral from the ENT screening as well as from others who used it.

## Surgical Camp

The ENT mobile surgical camp has served increasing numbers of patients from different provinces through the word of mouth referral of other patients who received surgeries.

Patients were very happy and thankful to the mobile surgical camp, because it saved them from all the associated cost of travelling to the city to get surgery. Some patients thought they were not going to be able to hear again for the rest of their life. Having to work to earn a living, it would be very difficult for them to not being able to hear. The surgical camp gave them a new beginning through hearing.

The mobile surgical camp served 3154 people including 1679 women, 501 children and 974 men in 2015-2016.



## ENT Building Project

The ENT building construction started in June 2015 and finished in December 2015. The building locates in the compound of Chey Chumneas Hospital in Takhmao town of Kandal province, where IC office locates.

The ENT building opened for ENT treatment and surgery in February 2016. As of the end of March 2016, the project has treated 262 patients and performed 10 surgical operations.





## CASE STUDY

Koeuy Borey, is a daughter of two farmers in Chong Roka Village, Sonda Commune, Lerk Daek District, Kandal Province. She had had suffered from pain in her ear since she was a child. When she was 18 years old, in 2014, she started to experience the pain again, and the condition of the ear worsened with smelly pus coming off her ear.

She met IC screening team in Sonda Health Centre and received a pre operation treatment. In July 2015, Borey had her ear surgery done successfully. Three months after the surgery, she was able to hear better. She was thankful to the programme and she is now able to hear well and help out in the farm with her family.

## CASE STUDY

Seng Sithean, 11 years, lives in Kompong Somnanh Village, Kompong Somnanh Commune, Tahkmao District, Kandal Province. Sithean was in his fifth grade at Somnanh Primary School.

Three years ago, Sithean had an accident and hurt his right ear. Since then, he experienced pain and pus came off his ear. His mother bought him medicines from local pharmacy but the condition did not get better.

His mother took him to Chey Chumneas Referral Hospital. She saw IC banner offering ear treatment and surgery free of charge. Sithean had an external otitis media on his right ear, and was treated. He can now hear well.



*Sithean having an audiogram test.*



*Dr. Vanthorn is doing ear surgery during surgical camp at Poipet Referral Hospital*



*Dr. Bhibu is doing an ENT screening during surgical week at Chey Chumneas Referral Hospital*



*Dr. Samol is doing an ENT screening at a health center in Kandal Province*



# 1000-DAY PROGRAMME

IC's 1000-day programme aims to ensure safe maternal and child health by providing pregnant women necessary supports for one thousand days, from the first month of pregnancy until their babies are two years old. One-to-five-month old pregnant women are encouraged to register for the programme. They are provided with necessary health training, monitoring and support before and after delivery including support for complication during delivery if needs to transfer to the city.

The training aims to raise awareness on prenatal check-up, food, nutrition and supplements, vaccination, hygiene, having delivery at health centre and not at home by traditional midwives, breast feeding, and growth monitoring for babies. Generally, women receive a total of 16 training sessions. In every two months, they would attend a training and health monitoring session. After each training session, they are provided with soap, salt, oil and condensed milk.

With good cooperation from local authorities and

beneficiaries, the programme achieved encouraging results. There were 135 pregnant women were registered for the programme during the reporting year. Many of the women came to us through peer referrals.

IC also conducted a training workshop on 1000-Day Programme in Phnom Srok Operational District to strengthen capacity of the implementing partners. There were 98 participants including health centre staff, women committees, and relevant stakeholders.

In Phnom Srok Operational District, the programme expanded into 27 villages in two communes where 118 pregnant women are served by Srah Chik and Namtao Health Centres. They were also provided with maternity equipment. In Lvea Em Operational District, the programme targets 15 villages in three communes, serving 89 pregnant women.

In addition, number of women who come to receive health care service at maternity unit has increased remarkably. This is because they have more confident in midwives and doctors in



their communities, making health service more accessible to them without having to travel to the capital city.

Mothers in our target areas in Lvea Em and Melum choose to deliver babies at health centres and they understand the importance of breastfeeding during the first six months. Pregnant women usually go to have prenatal check at their nearest health centre four times before delivery, while this was not the case before the programme started.

In Prek Reussey, some mothers who are 15-20km rough ride away from health centre took bicycles or motorbikes by themselves to join classes.

Chan Seam, a grandmother, said her last grandchild “is in better health condition than the older one. Practicing what I have learnt, including cooking nutritious porridge is helpful. He rarely gets sick and he is growing up healthy.”



*A two-year old Vatanak and his grandmother*



*A session on self-care during pregnancy*



*A training session for 1000-Day programme members*



*A prenatal check up at Prek Reussy Health Center*



*An introductory session for 1000-Day programme members*



# WATER AND SANITATION

Clean water remains a big problem in all areas we work. In 11 primary schools where School Health programme is implemented, clean water and sanitation remain the main issues for school children.

Two hundred water filters were distributed in different IC target areas including schools, health centres and families. In Kandal province, a total of 50 water filters were provided to health centers (4 filters), families (22 filters), and 11 primary schools (24 filters). In Kampong Chhnang province, a total of 138 filters provided to families (119 filters) and 3 primary schools (19 filters). In Banteay Meanchey province, 12 water filters were distributed to health centres.

In Kampong Chhnang province, 12 tube wells were built in which two were for Melum Primary school of 568 students, and 10 were for communities where each well is estimated to serve between 70 to 90 people.

## CASE STUDY

San Chanthou's family is one of 5 families who benefited from water tube well. She is 28 year old, and lives in Kamprong Village, Psar Commune, Boribo District, Kampong Chhnang Province. There are 4 members in her family with a small home garden. Her husband and her are farmers. She could earn additional daily income (USD3 to USD5 per day) from selling her home vegetables.

Before, Chanthou used water from a water well in her neighbourhood which is about 500 meters away from her house. In dry season, the well did not have enough water.

Now, Chanthou is very happy that IC has provided a tube well. She does not have to worry about using her neighbour's water and having enough water anymore. This water well is shared by 5 families.





## OTHER ACTIVITIES

## Maternity Equipment

17 sets of maternity equipment were distributed to 17 health centres in which 12 health centers in Kandal, 2 health centers in Kampong Chhnang and 3 health centers in Banteay Meanchey. There are 32 small and large items in each set of equipment including: scissors, forceps, vaginal speculum, scalpel handle, needle holder, urinary catheters, aprons, plastic sheeting, portable aspirator, delivery chairs, delivery bed, stethoscopes, thermometer, fetal doppler, pressure sterilizer, weight scale, and measuring tape.

## Peam Oknha Ong Operating Theatre

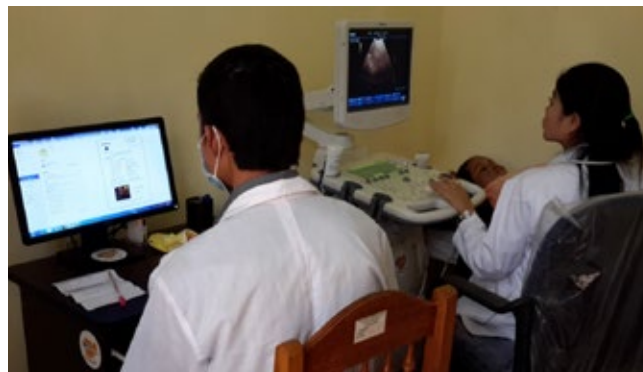
In the operating theatre, all equipment was already installed. Along with that, training on caesarean session for doctors was complete too. Fred Hallow Foundation also makes use of the theatre conducting their eye screening and surgery, where 219 eye patients received surgery.



*Handing over maternity equipment to a health centre representative*



*Maternity equipment in use at a health centre*



*Ultrasound examination at Peam Oknha Ong Operating Theatre*

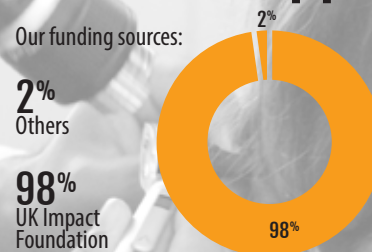
# About Impact Cambodia

IMPACT Cambodia (IC) was officially registered with the Ministry of Interior in 2007. With a mission to 'Act Today to Prevent Disability Tomorrow', the organisation works along with governmental partners including relevant ministries, hospitals and health centres including Provincial Department of Health of Kandal Province, Chey Chumneas Referral Hospital, and Phreah Ang Duong Hospital. We also provide organisational capacity building for governmental health staff.

IC's activities are implemented through outreach programmes such as prevention and treatment of needless disability among children and adults, and awareness raising and training programme for mothers on holistic development of children.

Encouraged by results from the past projects, IC will precede further with intervention and advocacy on the prevention of needless disability.

## We are grateful to our donors and supporters



## Your support is valuable

Your support in any forms has the power to change lives. If you wish to donate or get involved, please drop us an email at [ic@impactcambodia.org](mailto:ic@impactcambodia.org)

# Prevent and treat needless disability




**Impact Cambodia**

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